Annual Quality Assurance Report
AQAR 2016-2017

Submitted to

National Assessment and Accreditation Council
Bangalore – 560 072

By

Swamy Vivekananda Vidya Samsthe (R)
Kumadvathi College of Education
Aided, Permanently Affiliated to Kuvempu University
Recognised by NCTE & UGC Act 2(f), Section 12(B)
NAAC Accredited CGPA of 2.70 ‘B’ Grade
Shivamogga Road, Shikaripura – 577 427
Shivamogga District
Karnataka State

December 30th, 2017
# The Annual Quality Assurance Report (AQAR) of the IQAC

## Part - A

### AQAR for the year (for example 2013-14)

| 2016-2017 |

## 1. Details of the Institution

### 1.1 Name of the Institution

| KUMADVATHI COLLEGE OF EDUCATION |

### 1.2 Address Line 1

| VIVEKA NAGARA |

### Address Line 2

| SHIVAMOGGA ROAD |

### City/Town

| SHIKARIPURA |

### State

| KARNATAKA |

### Pin Code

| 577427 |

### Institution e-mail address

| kumadvathibed@gmail.com |

### Contact Nos.

| 08187-222067 |

### Name of the Head of the Institution:

| Dr. Jayashree V. Rakkasagi |

### Tel. No. with STD Code:

| 08187-222383 |

### Mobile:

| 9480467549 |
Name of the IQAC Co-ordinator: Dr. Kiran Kumar K.S

Mobile: 9739972024

IQAC e-mail address: Kceiqac14@gmail.com

1.3 NAAC Track ID (For ex. MHC0GN 18879) KACOTE21535

1.4 NAAC Executive Committee No. & Date:
(For Example EC/32/A&A/143 dated 3-5-2004.
This EC no. is available in the right corner- bottom 
of your institution’s Accreditation Certificate)

EC(SC)/10/A&A/46.1 Dated 29/10/2015

1.5 Website address: www.kumadvathibed.in

Web-link of the AQAR:

1.6 Accreditation Details

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Cycle</th>
<th>Grade</th>
<th>CGPA</th>
<th>Year of Accreditation</th>
<th>Validity Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1st Cycle</td>
<td>B</td>
<td>2.70</td>
<td>2015</td>
<td>5 Years</td>
</tr>
<tr>
<td>2</td>
<td>2nd Cycle</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>3rd Cycle</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>4th Cycle</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1.7 Date of Establishment of IQAC: DD/MM/YYYY 16/04/2014

1.8 Details of the previous year’s AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC (for example AQAR 2010-11 submitted to NAAC on 12-10-2011)

i. AQAR__________________________ (DD/MM/YYYY)

ii. AQAR__________________________ (DD/MM/YYYY)

iii. AQAR___________________________(DD/MM/YYYY)

iv. AQAR___________________________(DD/MM/YYYY)
1.9 Institutional Status

<table>
<thead>
<tr>
<th>University</th>
<th>State</th>
<th>Central</th>
<th>Deemed</th>
<th>Private</th>
</tr>
</thead>
<tbody>
<tr>
<td>Affiliated College</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Constituent College</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Autonomous college of UGC</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Regulatory Agency approved Institution</td>
<td>Yes</td>
<td>No</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(eg. AICTE, BCI, MCI, PCI, NCI)

<table>
<thead>
<tr>
<th>Type of Institution</th>
<th>Co-education</th>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urban</td>
<td>Yes</td>
<td>Rural</td>
<td>Tribal</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Financial Status</th>
<th>Grant-in-aid</th>
<th>UGC 2(f)</th>
<th>UGC 12B</th>
<th>Grant-in-aid + Self Financing</th>
<th>Totally Self-financing</th>
</tr>
</thead>
</table>

1.10 Type of Faculty/Programme

<table>
<thead>
<tr>
<th>Arts</th>
<th>Science</th>
<th>Commerce</th>
<th>Law</th>
<th>PEI (Phys Edu)</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEI (Edu)</td>
<td>Engineering</td>
<td>Health Science</td>
<td>Management</td>
<td></td>
</tr>
<tr>
<td>Others (Specify)</td>
<td>.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1.11 Name of the Affiliating University *(for the Colleges)*

KUVEMPU UNIVERSITY, SHANKARAGHATTA, SHIVAMOGGA

1.12 Special status conferred by Central/ State Government-- UGC/CSIR/DST/DBT/ICMR etc - NIL

<table>
<thead>
<tr>
<th>Autonomy by State/Central Govt. / University</th>
<th>STATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>University with Potential for Excellence</td>
<td>- UGC-CPE</td>
</tr>
<tr>
<td>DST Star Scheme</td>
<td>- UGC-CE</td>
</tr>
</tbody>
</table>
UGC-Special Assistance Programme - DST-FIST -

UGC-Innovative PG programmes - Any other (Specify) -

UGC-COP Programmes -

2. IQAC Composition and Activities

2.1 No. of Teachers 08

2.2 No. of Administrative/Technical staff 01

2.3 No. of students 02

2.4 No. of Management representatives 04

2.5 No. of Alumni 03

2.6 No. of any other stakeholder and community representatives 02

2.7 No. of Employers/Industrialists -

2.8 No. of other External Experts 01

2.9 Total No. of members 21

2.10 No. of IQAC meetings held 02

2.11 No. of meetings with various stakeholders: 

- Faculty 10
- Non-Teaching Staff 05
- Students 05
- Alumni 01
- Others -

2.12 Has IQAC received any funding from UGC during the year? Yes

If yes, mention the amount 2,70,000/- √

2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/Workshops/Symposia organized by the IQAC

<table>
<thead>
<tr>
<th>Total Nos.</th>
<th>International</th>
<th>National</th>
<th>State</th>
<th>Institution Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>04</td>
<td></td>
<td></td>
<td></td>
<td>√</td>
</tr>
</tbody>
</table>

AQAR Report of Kumadvathi College of Education, Shikaripura
2.14 Significant Activities and contributions made by IQAC

1. IQAC aimed at improving the leadership qualities, Personality development and communicative skills among B.Ed student teachers to become the Competent teachers with good spoken English.
2. Student Feedback on Teacher Educators was conducted.
3. The faculties’ in-charge of Placement cell, Grievance cell and Guidance & Counseling cell were given responsibilities in organizing student welfare programmes continuously.
4. Organising Seminars, Workshops, gave demonstration classes for Micro & Macro teaching.
5. Special Training was given to Student Teachers in preparation of SIM, Designing of ICT based lesson plan.
6. Motivated faculty to publish the articles in international Journals and Impact factor Journals.

2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year *

<table>
<thead>
<tr>
<th>Plan of Action</th>
<th>Achievements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Academic Calendar 2016-2017 Attached (Annexure I)</td>
</tr>
</tbody>
</table>

* Attach the Academic Calendar of the year as Annexure.

2.15 Whether the AQAR was placed in statutory body

Yes [✓] No [ ]

Management [✓] Syndicate [ ] Any other body [ ]

Provide the details of the action taken

- Remedial teaching was conducted for students
- Mentoring was conducted for each student
- Community Survey related to literacy, Health, education and Economic Status.
- Awareness of the community by street play
- Yoga- Communicative skill training- Placement of on Campus opportunities were conducted
Part - B

Criterion - I

1. Curricular Aspects

1.1 Details about Academic Programmes

<table>
<thead>
<tr>
<th>Level of the Programme</th>
<th>Number of existing Programmes</th>
<th>Number of programmes added during the year</th>
<th>Number of self-financing programmes</th>
<th>Number of value added / Career Oriented programmes</th>
</tr>
</thead>
<tbody>
<tr>
<td>PhD</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>PG</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>UG</td>
<td>01</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>PG Diploma</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Advanced Diploma</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Diploma</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Certificate</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Others</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>01</strong></td>
<td><strong>-</strong></td>
<td><strong>-</strong></td>
<td><strong>-</strong></td>
</tr>
</tbody>
</table>

|                      | Interdisciplinary | - | - | - | - |
|                      | Innovative       | - | - | - | - |

1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options
(ii) Pattern of programmes:

<table>
<thead>
<tr>
<th>Pattern</th>
<th>Number of programmes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Semester</td>
<td>√</td>
</tr>
<tr>
<td>Trimester</td>
<td>-</td>
</tr>
<tr>
<td>Annual</td>
<td>-</td>
</tr>
</tbody>
</table>

1.3 Feedback from stakeholders* (On all aspects)

- Alumni
- Parents
- Employers
- Students

Mode of feedback

- Online
- Manual
- Co-operating schools (for PEI)

1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

Syllabus revised for the academic year – 2015-17 Two – Years B.Ed. course

1.5 Any new Department/Centre introduced during the year. If yes, give details.

No
Criterion - II

2. Teaching, Learning and Evaluation

2.1 Total No. of permanent faculty

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Asst. Professors</th>
<th>Associate Professors</th>
<th>Professors</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>08</td>
<td>08</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

2.2 No. of permanent faculty with Ph.D. 04

2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year

<table>
<thead>
<tr>
<th>Asst. Professors</th>
<th>Associate Professors</th>
<th>Professors</th>
<th>Others</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>R</td>
<td>V</td>
<td>R</td>
<td>V</td>
<td>R</td>
</tr>
<tr>
<td>-</td>
<td>01</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

2.4 No. of Guest and Visiting faculty and Temporary faculty

- - -

2.5 Faculty participation in conferences and symposia:

<table>
<thead>
<tr>
<th>No. of Faculty</th>
<th>International level</th>
<th>National level</th>
<th>State level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attended</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Presented papers</td>
<td>01</td>
<td>14</td>
<td>-</td>
</tr>
<tr>
<td>Resource Persons</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

2.6 Innovative processes adopted by the institution in Teaching and Learning:
- ICT based and CCE- innovative methodologies were designed and taught for the benefit of B.Ed Students before having their intensive teaching practice/internship
- Yoga classes to establish strong mind for academic excellence.
- Feedback Mechanism on B.Ed., Curriculum and Feed Back on Teacher Educators.
- Resource Building Programme.
- Personality Development
- Seminars were conducted in core subjects B.Ed before the Continuous Proficiency Assessment Examinations to enable them to have through preparation of the core subject through their seminar presentation.

2.7 Total No. of actual teaching days 228 days during this academic year

2.8 Examination/ Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions)

- -

2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as member of Board of Study/Faculty/ Curriculum Development workshop 09 09 09

2.10 Average percentage of attendance of students 90%
2.11 Course/Programme wise distribution of pass percentage:

<table>
<thead>
<tr>
<th>Title of the Programme</th>
<th>Total no. of students appeared</th>
<th>Division</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Distinction %</td>
</tr>
<tr>
<td>B.Ed (2015-17)</td>
<td>35</td>
<td>34</td>
</tr>
<tr>
<td></td>
<td></td>
<td>-</td>
</tr>
<tr>
<td></td>
<td></td>
<td>-</td>
</tr>
</tbody>
</table>

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes:

1. Teaching plans are compulsory to every faculty member.
2. Evaluation of faculty by students is done.
3. Maintaining Self appraisal every year.

<table>
<thead>
<tr>
<th>Faculty / Staff Development Programmes</th>
<th>Number of faculty benefitted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Refresher courses</td>
<td>-</td>
</tr>
<tr>
<td>UGC – Faculty Improvement Programme</td>
<td>-</td>
</tr>
<tr>
<td>HRD programmes</td>
<td>-</td>
</tr>
<tr>
<td>Orientation programmes</td>
<td>02</td>
</tr>
<tr>
<td>Faculty exchange programme</td>
<td>-</td>
</tr>
<tr>
<td>Staff training conducted by the university</td>
<td>10</td>
</tr>
<tr>
<td>Staff training conducted by other institutions</td>
<td>-</td>
</tr>
<tr>
<td>Summer / Winter schools, Workshops, etc.</td>
<td>-</td>
</tr>
<tr>
<td>Others</td>
<td>12</td>
</tr>
</tbody>
</table>

2.14 Details of Administrative and Technical staff

<table>
<thead>
<tr>
<th>Category</th>
<th>Number of Permanent Employees</th>
<th>Number of Vacant Positions</th>
<th>Number of permanent positions filled during the Year</th>
<th>Number of positions filled temporarily</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative Staff</td>
<td>14</td>
<td>02</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Technical Staff</td>
<td>01</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>
Criterion - III

3. Research, Consultancy and Extension

3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

The IQAC of the College constantly strives to inculcate a culture of research among the staff and the students. The different Cells have been established which conduct several academic Development Programs.

The College also provides support and cooperation to teachers who undertake major / minor research projects (sanctioned by the University/ ICSSR/UGC).

The College has subscribed to One e-databases like NLIST. The faculty members and student teachers are getting benefit from this.

Our institution has also been provided internet connectivity with wi-fi facility for academic and research work.

3.2 Details regarding major projects : **NIL**

<table>
<thead>
<tr>
<th></th>
<th>Completed</th>
<th>Ongoing</th>
<th>Sanctioned</th>
<th>Submitted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Outlay in Rs. Lakhs</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

3.3 Details regarding minor projects : **NIL**

<table>
<thead>
<tr>
<th></th>
<th>Completed</th>
<th>Ongoing</th>
<th>Sanctioned</th>
<th>Submitted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Outlay in Rs. Lakhs</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

3.4 Details on research publications

<table>
<thead>
<tr>
<th></th>
<th>International</th>
<th>National</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peer Review Journals</td>
<td>-</td>
<td>04</td>
<td>-</td>
</tr>
<tr>
<td>Non-Peer Review Journals</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>e-Journals</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Conference proceedings</td>
<td>-</td>
<td>08</td>
<td>-</td>
</tr>
</tbody>
</table>

3.5 Details on Impact factor of publications:

- Range
- Average
- h-index
- Nos. in SCOPUS
3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations

<table>
<thead>
<tr>
<th>Nature of the Project</th>
<th>Duration Year</th>
<th>Name of the funding Agency</th>
<th>Total grant sanctioned</th>
<th>Received</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major projects</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Minor Projects</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Interdisciplinary Projects</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Industry sponsored</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Projects sponsored by the University/College</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Students research projects (other than compulsory by the University)</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Any other(Specify)</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Total</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

3.7 No. of books published

i) With ISBN No. 02 Chapters in Edited Books


3.8 No. of University Departments receiving funds from

- UGC-SAP -
- CAS -
- DST-FIST -
- DPE -
- DBT Scheme/funds -

3.9 For colleges

- Autonomy -
- CPE -
- DBT Star Scheme -
- INSPIRE -
- CE -
- Any Other (specify) -

3.10 Revenue generated through consultancy

3.11 No. of conferences organized by the Institution

<table>
<thead>
<tr>
<th>Level</th>
<th>International</th>
<th>National</th>
<th>State</th>
<th>University</th>
<th>College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number</td>
<td>-</td>
<td>1</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Sponsoring agencies</td>
<td>-</td>
<td>UGC</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

In the month of February 18th & 19th we organised TWO DAY NATIONAL SEMINAR on “INCLUSION AND QUALITATIVE EXPANSION IN EDUCATION” sponsored by UGC (77,000/-)

3.12 No. of faculty served as experts, chairpersons or resource persons

00

3.13 No. of collaborations

International - National - Any other -

3.14 No. of linkages created during this year -
3.15 Total budget for research for current year in lakhs: NIL

From Funding agency - From Management of University/College -
Total -

3.16 No. of patents received this year

<table>
<thead>
<tr>
<th>Type of Patent</th>
<th>National</th>
<th>International</th>
<th>Applied</th>
<th>Granted</th>
<th>Applied</th>
<th>Granted</th>
<th>Commercialised</th>
<th>Applied</th>
<th>Granted</th>
</tr>
</thead>
</table>

3.17 No. of research awards/recognitions received by faculty and research fellows of the institute in the year

<table>
<thead>
<tr>
<th>Total</th>
<th>International</th>
<th>National</th>
<th>State</th>
<th>University</th>
<th>Dist</th>
<th>College</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

3.18 No. of faculty from the Institution who are Ph. D. Guides and students registered under them -

3.19 No. of Ph.D. awarded by faculty from the Institution -

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

<table>
<thead>
<tr>
<th>JRF</th>
<th>SRF</th>
<th>Project Fellows</th>
<th>Any other</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

3.21 No. of students Participated in NSS events:

<table>
<thead>
<tr>
<th>University level</th>
<th>State level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
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</table>

<table>
<thead>
<tr>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
<td>-</td>
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</tbody>
</table>

3.22 No. of students participated in NCC events:

<table>
<thead>
<tr>
<th>University level</th>
<th>State level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
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</table>

<table>
<thead>
<tr>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

3.23 No. of Awards won in NSS:

<table>
<thead>
<tr>
<th>University level</th>
<th>State level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dist College</th>
<th>-</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>-</td>
</tr>
</tbody>
</table>
3.24 No. of Awards won in NCC:

<table>
<thead>
<tr>
<th>Level</th>
<th>University level</th>
<th>State level</th>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

3.25 No. of Extension activities organized

<table>
<thead>
<tr>
<th>Activity</th>
<th>University forum</th>
<th>College forum</th>
<th>NCC</th>
<th>NSS</th>
<th>Any other</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>-</td>
<td>05</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

- Participation in various Social Rallies like Population day rally, Environment day Rally, Kannada Rajyostva etc.
- Blood Donation Camp, Health check up camp
- ICT and CCE Based Lesson Plan Writing Workshop
- World Yoga Day Programme
- Organized Street Plays
- Planting Programme
Criterion - IV
4. Infrastructure and Learning Resources

4.1 Details of increase in infrastructure facilities:

<table>
<thead>
<tr>
<th>Facilities</th>
<th>Existing</th>
<th>Newly created</th>
<th>Source of Fund</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Campus area</td>
<td>17158.67 sq.mt</td>
<td>-</td>
<td></td>
<td>17158.67 sq.mt</td>
</tr>
<tr>
<td>Class rooms</td>
<td>08</td>
<td>-</td>
<td></td>
<td>08</td>
</tr>
<tr>
<td>Laboratories</td>
<td>05</td>
<td>-</td>
<td></td>
<td>05</td>
</tr>
<tr>
<td>Seminar Halls</td>
<td>01</td>
<td>-</td>
<td></td>
<td>01</td>
</tr>
<tr>
<td>No. of important equipments purchased (≥ 1-0 lakh) during the current year.</td>
<td>02</td>
<td>-</td>
<td>UGC</td>
<td>02</td>
</tr>
<tr>
<td>Value of the equipment purchased during the year (Rs. in Lakhs)</td>
<td>10.23 lakhs</td>
<td>-</td>
<td>UGC</td>
<td>10.23 lakhs</td>
</tr>
<tr>
<td>Others</td>
<td>-</td>
<td>-</td>
<td></td>
<td>-</td>
</tr>
</tbody>
</table>

4.2 Computerization of administration and library

The Library is fully automated and bar code is used for transaction.

The ICT enabled College premises have a well distributed internet facility via the LAN connections. The Administrative office makes use of software packages for managing the accounts and payroll generation.

4.3 Library services:

<table>
<thead>
<tr>
<th></th>
<th>Existing</th>
<th>Newly added</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>Value</td>
<td>No.</td>
</tr>
<tr>
<td>Text Books</td>
<td>12504</td>
<td>10,35,291</td>
<td>305</td>
</tr>
<tr>
<td>Reference Books</td>
<td>1352</td>
<td>1,34,902</td>
<td>43</td>
</tr>
<tr>
<td>e-Books</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Journals</td>
<td>13</td>
<td>13350</td>
<td>-</td>
</tr>
<tr>
<td>e-Journals</td>
<td>N-list Project</td>
<td>5000</td>
<td>-</td>
</tr>
<tr>
<td>Digital Database</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>CD &amp; Video</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Others (specify)</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>
4.4 Technology up gradation (overall)

<table>
<thead>
<tr>
<th></th>
<th>Total Computers</th>
<th>Computer Labs</th>
<th>Internet</th>
<th>Browsing Centres</th>
<th>Computer Centres</th>
<th>Office</th>
<th>Departments</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>Existing</td>
<td>44</td>
<td>36</td>
<td>43</td>
<td>02</td>
<td>-</td>
<td>05</td>
<td>-</td>
<td>01</td>
</tr>
<tr>
<td>Added</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Total</td>
<td>44</td>
<td>36</td>
<td>43</td>
<td>02</td>
<td>-</td>
<td>05</td>
<td>-</td>
<td>01</td>
</tr>
</tbody>
</table>

4.5 Computer, Internet access, training to teachers and students and any other programme for technology upgradation (Networking, e-Governance etc.)

Periodic seminars and talks about ICT is given to teachers and students. Students and teachers are free to use computer and internet facility. The College has about 36 systems. The entire College is well connected with LAN and is Internet-enabled. Students can access Internet from the computer lab as well as from the ICT Room in the Library. Faculty members have access to Internet through the systems available in the computer lab Room. They can also access Internet from the ICT Room and in the Library free of cost.

4.6 Amount spent on maintenance in lakhs:

- i) ICT: 24,349/-
- ii) Campus Infrastructure and facilities: 27,922/-
- iii) Equipments: 23,421/-
- iv) Others: -

Total: 75,692/-
**Criterion - V**

**5. Student Support and Progression**

5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- The students were motivated and trained as self independent with academic discipline to accomplish their academic performance through the positive values with refined thoughts.
- Periodical seminars and workshops were conducted for Student Teachers (as per the Norms of the University)
- Soft skill communication and personality development training was given to students for the effectiveness in their communication and overall development of them.
- Motivational programs were provided for ensuring good performance in the academic achievements with University rank.
- Motivation to arrange the meetings and discussions with alumni and stakeholders.
- Motivate to conduct programmes under placement cell, guidance and counselling cell and women harassment prohibition cell.
- Motivate to arrange the remedial teaching programme for students.
- Arrange the Guest lectures for student development.
- Develop the Science Club, Social science club and Language club in the institution.

5.2 Efforts made by the institution for tracking the progression

- Welfare facilities such as Insurance, Provident Fund, concessional rate of transport, medical leave pay, medical facilities, providing OOD facility for staff to attend seminar/workshop etc
- Welfare facilities such as group insurance, fee concession, Uniforms, Record notebooks, field trips, transport facilities (with nominal fee), etc were provided to the Student Teachers
- The performance and quality of Teaching and Learning was monitored by Head of the institution
- Government Scholarships were provided to the eligible students as per the norms of Karnataka State. SC Scholarship for 05 students Rs. 33,950/- ST Scholarship for 02 students Rs. 42,164/- OBC Scholarship students Rs. 1,50,810/-
- The support and timely advice for organizing the Inaugural function, seminar, workshops, guest lectures, citizenship Training camp, Educational Excursion and other Extension programmes were provided Management accordingly.
- The Institution has the following other process for tracking the learners progression to higher level of education and/or towards employment: Creating awareness, Training, Placement
- The College has instituted a Book Bank Scheme for helping the learners belonging to the economically underprivileged section
- To overcome this problem of learning difficulty the College conducts remedial classes.
5.3 (a) Total Number of students

<table>
<thead>
<tr>
<th>UG</th>
<th>PG</th>
<th>Ph. D.</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>35</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

(b) No. of students outside the state

-  

(c) No. of international students

-  

<table>
<thead>
<tr>
<th>Men</th>
<th>No</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>20%</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Women</th>
<th>No</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>30</td>
<td>60%</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Last Year</th>
<th>This Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>General</td>
<td>SC</td>
<td>ST</td>
</tr>
<tr>
<td></td>
<td>05</td>
<td>07</td>
</tr>
</tbody>
</table>

5.4 Details of student support mechanism for coaching for competitive examinations (If any)

Nil

No. of students beneficiaries

-  

5.5 No. of students qualified in these examinations

<table>
<thead>
<tr>
<th>NET</th>
<th>SET/SLET</th>
<th>GATE</th>
<th>CAT</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>IAS/IPS etc</th>
<th>State PSC</th>
<th>UPSC</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

5.6 Details of student counselling and career guidance

Our student teachers are from the rural areas. The major strength of the students are Women students. Hence counselling and career guidance were widely initiated for the betterment of academic enrichment and teaching methodologies respectively through the workshop and seminar for the improvement of their communicative pedagogic skill. We adopted the following steps:

- Career development
- Personality development
- Teaching skill development
- Developments related with affective domain
- Developing research attitude
- Perusing higher education
- Guidance and motivation for appearing for SET/NET/TET examinations
- Competitive examinations
5.7 Details of campus placement

<table>
<thead>
<tr>
<th>Number of Organizations Visited</th>
<th>Number of Students Participated</th>
<th>Number of Students Placed</th>
<th>Number of Students Placed</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
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</tbody>
</table>

5.8 Details of gender sensitization programmes

- We invited the Taluk Health Officer and associates of the Government Hospital of Shikaripura to the Citizen Training Camp to conduct the program on Health care, B.P., Sugar check up and Women’s health.

- The College organized talks on Gender Sensitization by eminent personalities and doctors by them we organise interactive programmes for specially girls on the Health Issues.

- The posters displayed on the occasion of Women’s Day, discussion was conducted in the class about gender equality etc. were some other initiatives towards Gender Sensitization.

5.9 Students Activities : NIL

5.9.1 No. of students participated in Sports, Games and other events

<table>
<thead>
<tr>
<th>State/ University level</th>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
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</table>

No. of students participated in cultural events

<table>
<thead>
<tr>
<th>State/ University level</th>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

Every Friday under Sughandha Samskrutika Vedike we organise college level Co-Curricular Activities and gave prizes for the best performed team or student teacher. In annual fest we gave best team awards/prize for who shown best in all aspect of Co-Curricular Activities.

5.9.2 No. of medals /awards won by students in Sports, Games and other events : NIL

Sports : State/ University level

<table>
<thead>
<tr>
<th>State/ University level</th>
<th>National level</th>
<th>International level</th>
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</thead>
<tbody>
<tr>
<td>-</td>
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</table>

Cultural: State/ University level

<table>
<thead>
<tr>
<th>State/ University level</th>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
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<td>-</td>
</tr>
</tbody>
</table>
5.10 Scholarships and Financial Support

<table>
<thead>
<tr>
<th>Financial support from institution</th>
<th>Number of students</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial support from government</td>
<td>50</td>
<td>2,82,095</td>
</tr>
<tr>
<td>Financial support from other sources</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Number of students who received International/ National recognitions</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

5.11 Student organised / initiatives

<table>
<thead>
<tr>
<th>Fairs</th>
<th>State/ University level</th>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>-</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Exhibition</th>
<th>State/ University level</th>
<th>National level</th>
<th>International level</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

5.12 No. of social initiatives undertaken by the students

- 5

5.13 Major grievances of students (if any) redressed: __________________________
Criterion – VI

6. Governance, Leadership and Management

6.1 State the Vision and Mission of the institution

OUR VISION

To educate the students to explore their potentials, do the best that they are capable of doing and become effective, humane, global teachers and useful citizens of the country.

OUR MISSION

• Transforming the hidden potentials of the students into realities.
• To enable the students to develop a holistic personality with productive thinking.
• To enable the students to fulfill themselves with growth, happiness and satisfaction.

6.2 Does the Institution has a management Information System

Yes, the college has a management information system

6.3 Quality improvement strategies adopted by the institution for each of the following:

6.3.1 Curriculum Development

• Though the curriculum for various courses is prescribed by the Kuvempu University, all of our the faculty members, either as members of the Boards of Studies, or as members of syllabus framing committees, have made a significant contribution in framing of the two year B.Ed syllabi.

• Faculty members are also encouraged to participate in workshops organized to discuss the framing of the syllabi of various courses.

• The institution focuses on multi skill development of students in order to ensure employability. The college has offered EPC and courses like Communicative English, Personality Development etc.,

6.3.2 Teaching and Learning

To improve quality of teaching and learning, the strategies are:

• Teaching methodologies were adopted as per the norms of Affiliated Kuvempu University.
• Detailed guidelines for attracting and retaining students for our college
• Conducive work environment.
• Provision of state of the art infrastructure and learning resources
• Encouraging experiential learning
• Seminar, Workshop, debates, colloquium and group discussion enriched the students to become a responsible citizens in their teaching career

6.3.3 Examination and Evaluation

• All the rules and regulations pertaining to the examinations, laid down by the Kuvempu University, are scrupulously followed.

• Innovative projects, research surveys and assignments help to enhance the relevance of the courses.

• The systematic unit tests have been conducted and the internal marks were given based on these tests. The corrective action has been taken for the weak students.

6.3.4 Research and Development

Strategies to strengthen research and development are:

• Encouragement and support to faculty members for organizing/participation in faculty development programmes, research methodology workshops, seminar and conferences etc.

• Subscription to e-resources like N-List Programme and various journals

• The teachers are encouraged to do research projects

6.3.5 Library, ICT and physical infrastructure / instrumentation

• The library has a vast collection of e-resources, books and journals
• A well equipped ICT room facility is made available to staff and students
• The Library Advisory Committee meets regularly to frame policies about the use of library resources
• The Library Advisory Committee comprises students representatives who give inputs to improve the library resources and facilities
• The College has high speed broad band connectivity
• LCD Projects are installed in classrooms
• One television sets in the College are used to disseminate information
• Reference books and new journals were provided in order to ensure continuous usage of Library with current knowledge.
6.3.6 Human Resource Management
- Self appraisal system has been prepared to assess the quality of staff members and their progress.
- Teachers are given additional charges for cocurricular activities, SUPW, CTC, Tour and other cells
- Faculties were appraised and motivated for further enrichment with research aptitude.
- Non Teaching and supporting staff are computer literates with MS Words and Excel.

6.3.7 Faculty and Staff recruitment
- Guidelines have been framed by the management for recruitment, selection and appointment of faculty and staff
- The rules prescribed by the Kuvempu University and the government are followed scrupulously
- Demonstration lectures are conducted to assess the teaching skills of the candidates.

6.3.8 Industry Interaction / Collaboration
- Collaborated with 20 practicing schools in Shikaripura Taluk for the Intensive Teaching Practice and for the field based experience of our students.
- Assigning projects/ works to students that require interaction with industry like rice industry, local small scale industries.
- Inviting experts from industry and small scale industries for delivering talks

6.3.9 Admission of Students
- The College follows the guidelines issued by the Kuvempu University and the Government from time to time.
- All details pertaining to admissions are displayed on the College website.
- We gave Advertisement in Kannada and English News paper
- On request, students from the economically weaker section are allowed to make staggered payment of fees.

6.4 Welfare schemes for

| Teaching       | • If the ward of a faculty member takes a admission in the college, the benefit of tuition fee waiver is granted
|               | • Group insurance, medical leave facility |
| Non-Teaching   | • Uniform are provided free of cost to supporting staff
|               | • If the ward of a non-teaching staff takes a admission in the college, the benefit of tuition fee waiver is granted |
| Students       | • Book bank scheme for students
|               | • Continuous programmes through career and guidance and placement cell |
|               | • Indoor and outdoor game facility |
|               | • Weekly yoga class for the overall development |
|               | • Group insurance for all students |
|               | • providing fee relaxation for economically backward student teachers |
|               | • Honouring the rank holders in annual programme |
6.5 Total corpus fund generated

6.6 Whether annual financial audit has been done

6.7 Whether Academic and Administrative Audit (AAA) has been done?

<table>
<thead>
<tr>
<th>Audit Type</th>
<th>External</th>
<th>Internal</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes/No</td>
<td>Agency</td>
</tr>
<tr>
<td>Academic</td>
<td>√</td>
<td>NAAC</td>
</tr>
<tr>
<td>Administrative</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

6.8 Does the University/ Autonomous College declares results within 30 days?

For UG Programmes

For PG Programmes

6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?

Being an Affiliated College, all University guidelines are strictly adhered to follow in examination.

6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?

- The affiliating University is progressive in its outlook and has initiated measures such as the Internal Quality Committee (IQC) to colleges to assess the academic evaluation, adhering to UGC guidelines pertaining to teaching, learning and research that can help in promoting Academic Autonomy.
- The affiliated university provided all kinds of help and adequate support to our college in getting hall ticket, Marks cards, Certificates, Affiliations and other academic assignments.

6.11 Activities and support from the Alumni Association

The College has an active Alumni Association. alumni help us in hosting of events. The alumni has also helped in facilitating placements, and supported the College in its extension activities
6.12 Activities and support from the Parent – Teacher Association

A formal Parent-Teacher Association has not been formed. However, on several occasions, the parents and Principal/teachers have opportunities for interacting with each other. Parents are invited, at the beginning of the year, to explain them about the facilities available in the College, exams, evaluation pattern etc. In some time Parent – teacher meetings are also organized to discuss the attendance and academic progress of the students.

6.13 Development programmes for support staff

The College has always encouraged the non-teaching staff to pursue further studies. To showcase their talents, the staff members are encouraged to participate in events organized by other Institutions.

6.14 Initiatives taken by the institution to make the campus eco-friendly

The College has augmented its efforts to save electricity by creating awareness about judicious use of lights and fans.

The campus is eco-friendly in nature and the college has well maintained garden, trees, lawns and shrubs. The college strictly maintain Plastic free campus in order to create awareness of pollution.
Criterion - VII

7. Innovations and Best Practices

7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.

- Arrangement of seminars and workshops for academic development.
- Active participation of students in the seminars and workshops.
- Supervised study sessions of students.
- Remedial activities arranged in the institution.

7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year

Attached outcome of the Plan for the Year 2016-17

7.3 Give two Best Practices of the institution (please see the format in the NAAC Self-study Manuals)

- Use of Co-operative learning methodology in teaching
- Yoga is an art of scientific way of living and
- Effectiveness in the class room teaching and Shepherd method enhancing perceptive skill in the Teaching Profession

7.4 Contribution to environmental awareness / protection

- Our Institution enjoys the cleanliness and environmental protection. Basic conditions namely Drinking water, class room neatness, good sanitary conditions, and dust free environment.
- We incorporate environmental sustainability throughout the academic session in the college campus through gardening and Environmental Education. To develop a GREEN society we encourage them to plant trees and use reusable water bottles, utilizing computer for taking notes etc. As students they must grow socially responsible to maintain an ecofriendly life and that will go down the generations to save our Mother Earth.

7.5 Whether environmental audit was conducted? Yes [ ] No [ √ ]

7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)

- The opportunities towards personal development and academic enrichment were utilized by our faculty member to the fullest extent. They manifested their valuable passion in attending national and international conferences and presenting their papers with an enthusiastic perspective. The existing innovative technologies available in our institution were properly utilized by them.
- The quality checks are maintained through discussion and feedback from the students, employers and teachers. The institution is sensitised to modern managerial concepts and there is regular IQAC meeting, Staff meeting, Committees meeting and all are involved in decision making and
teamwork. Everyone related to the institution is sincerely concerned with total quality management.

8. **Plans of institution for next year**

- Organise National and International conferences with the help of UGC/ICSSR/University
- Institution website has to be modernized with the comprehensive innovative technologies linkage with the international universities.
- Alumni has to be strengthened to invite all the alumna from the passed out from 1996-97 and incorporate their active participation to establish fund for educational activities like educational, cultural, research and awards programs.
- Encourage the faculty member to take minor and major projects by UGC or any other organizations.
- To establish consultancy and counselling programme through MOU with other recognised NGO’s or government departments.
- Faculty members will be encouraged to publish papers in on line e-journals

*Name: Dr. Kiran Kumar K.S*  
*Name: Dr. Jayashree V. Rakkasagi*

_______________________________  
Signature of the Coordinator, IQAC  
Assistant Professor,  
Kumadvathi College of Education,  
Shikaripura

_______________________________  
Signature of the Chairperson, IQAC  
Principal  
Kumadvathi College of Education,  
Shikaripura

___________ *** ___________
ANNEXURE
## ANNEXURE – 1

### First Semester Academic Plan – 2016-2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Particulars</th>
</tr>
</thead>
<tbody>
<tr>
<td>23-02-2017</td>
<td>Commencement of Academic Year 2016-17</td>
</tr>
<tr>
<td>27-02-2017</td>
<td>Introductory Class and Taking Joining Report</td>
</tr>
<tr>
<td>06-03-2017</td>
<td>Regular Classes</td>
</tr>
<tr>
<td>08-03-2017</td>
<td>World Women’s Day</td>
</tr>
<tr>
<td>09-03-2017</td>
<td>General Class (Morning) &amp; Talent Search Programme (Afternoon)</td>
</tr>
<tr>
<td>15-03-2017</td>
<td>Assignment Announcement</td>
</tr>
<tr>
<td>20-03-2017 to 28-03-2017</td>
<td>Internship &amp; Data Collection</td>
</tr>
<tr>
<td>03-04-2017</td>
<td>Student Union Inauguration &amp; Inauguration of Sugandha Samskruthika Vedike</td>
</tr>
<tr>
<td>14-04-2017</td>
<td>Dr. B.R Ambedkar Jayanthi</td>
</tr>
<tr>
<td>24-04-2017</td>
<td>World Book Day</td>
</tr>
<tr>
<td>11-05-2017 to 13-05-2017</td>
<td>CTC Camp</td>
</tr>
<tr>
<td>31-05-2017 to 02-06-2017</td>
<td>First Series Test</td>
</tr>
<tr>
<td>05-06-2017</td>
<td>World Environment Day</td>
</tr>
<tr>
<td>12-06-2017 to 17-06-2017</td>
<td>Internship</td>
</tr>
<tr>
<td>21-06-2017</td>
<td>World Yoga Day</td>
</tr>
<tr>
<td>29-06-2017</td>
<td>Last Working Day</td>
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<td>29-06-2017 to 31-07-2017</td>
<td>Examination and Summer Vacation</td>
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## Third Semester Academic Plan – 2016-2017

<table>
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<td>Commencement of Academic Year 2016-17</td>
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<td>27-02-2017</td>
<td>Introductory Class</td>
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<td>02-03-2017</td>
<td>Regular Classes</td>
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<td>08-03-2017</td>
<td>World Women’s Day</td>
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<td>09-03-2017</td>
<td>Talent Search Programme (Afternoon)</td>
</tr>
<tr>
<td>15-03-2017</td>
<td>Assignment Announcement</td>
</tr>
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<td>20-03-2017 to</td>
<td>Internship &amp; Data Collection</td>
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<td>28-03-2017</td>
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<tr>
<td>03-04-2017</td>
<td>Inauguration of Sugandha Samskruthika Vedike</td>
</tr>
<tr>
<td>14-04-2017</td>
<td>Dr. B.R Ambedkar Jayanthi</td>
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<tr>
<td>22-04-2017</td>
<td>World Earth Day</td>
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<td>24-04-2017</td>
<td>World Book Day</td>
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<td>19-04-2017 to</td>
<td>Micro Teaching Orientation and Demonstation</td>
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<td>21-04-2017</td>
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<tr>
<td>25-04-2017 to</td>
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<td>12-06-2017 to</td>
<td>Internship</td>
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<td>17-06-2017</td>
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<tr>
<td>Date</td>
<td>Event</td>
</tr>
<tr>
<td>-------------------------</td>
<td>--------------------------------------</td>
</tr>
<tr>
<td>21-06-2017</td>
<td>World Yoga Day</td>
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<tr>
<td>29-06-2017</td>
<td>Last Working Day</td>
</tr>
<tr>
<td>29-06-2017 to 31-07-2017</td>
<td>Examination and Summer Vacation</td>
</tr>
</tbody>
</table>
## ANNEXURE – 3

### Annual Report for the Year 2016-17

#### Board of Directors of Swamy Vivekananda Vidya Samsthe (R)

<table>
<thead>
<tr>
<th>SL No.</th>
<th>Name</th>
<th>Father/Husband Name</th>
<th>Designation</th>
<th>Address</th>
<th>Qualification</th>
<th>Profession</th>
<th>Age</th>
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</thead>
<tbody>
<tr>
<td>01</td>
<td>Sri M.B Shivakumar</td>
<td>Sri. Basavarajappa</td>
<td>President</td>
<td>Sri Saleshwara Rice Industries, Shikaripura Tq, Shivamogga Dist</td>
<td>B.Com</td>
<td>Business</td>
<td>44</td>
</tr>
<tr>
<td>02</td>
<td>Sri B.Y Raghavendra</td>
<td>Sri B.S Yeddyurappa</td>
<td>Secretary</td>
<td>Malerakeri, Shikaripura Tq, Shivamogga Dist</td>
<td>B.B.M</td>
<td>Agriculture</td>
<td>44</td>
</tr>
<tr>
<td>03</td>
<td>Sri B.Y Vijayendra</td>
<td>Sri B.S Yeddyurappa</td>
<td>Treasurer</td>
<td>Vinobha Nagar, Shivamogga</td>
<td>L.L.B</td>
<td>Agriculture</td>
<td>41</td>
</tr>
<tr>
<td>04</td>
<td>Smt, Tejaswini Raghavendra</td>
<td>Sri B.Y Raghavendra</td>
<td>Director</td>
<td>Malerakeri, Shikaripura Tq, Shivamogga Dist</td>
<td>B.Sc</td>
<td>House wife</td>
<td>43</td>
</tr>
<tr>
<td>05</td>
<td>Smt, Prema Vijayendra</td>
<td>Sri B.Y Vijayendra</td>
<td>Director</td>
<td>Vinobha Nagar, Shivamogga</td>
<td>M.Com</td>
<td>House wife</td>
<td>37</td>
</tr>
</tbody>
</table>

Kumadvathi College of Education, Shikaripura (Karnataka State) has organized National Seminar on Inclusion and Qualitative Expansion in Education. on 18th and 19th February, 2017. The seminar was inaugurated By B.Y Raghavendra, & by dignitaries on the Daies. Prof Haseen Taj Professor, Department of Education, Bangalore University Bangalore, has presented Key Note Address. This programme presided by the Sri Rgaghavendra, Secretary of SVVS & MLA Shikaripura. In the invited talks Dr.Ningamma C Betsur, Department of studies in Education, University of Mysore, Mysore spoke on the Topic Inclusion in
Education. & Dr.H.V. Vamadevappa, Principal, MM College of Education, Davanagere, spoke on Qualitative Expansion.

In the valedictory programme as a valedictory speaker is the Pro.M.S Talawar retied professor Bangalore University. Chief guest to this function Dr prakash S M Dean faculty of education Kuvempu university, Director of Swamy Vivekananda vidya samsthe Tejaswini Raghavendra madam presided over the function.

In the seminar book containing 112 Papers presented by authors was released at innogaral function. Totally 150 participants from Karnataka, New Delhi, Tamilnadu, Telangana, Andra Pradesh, Haryana were attended the seminar.

On 27th February 2017, on eve of founder of our institution Sri. B S Yeddiyurappa’s 74th Birthday celebration, Free health checkup camp & blood donation camp was organized by Youth Red Cross Wing of our College. The programme was organized with collaboration of Swamy Vivekananda Vidya Samste and Taluk Health Department along with local Non Governmental Organisations. Sri. B Y Raghavendra, Secretary, SVVS inaugurated the programme by lighting the lamp. Sri Prashanth Desai Coordinator Sayadri Malty Specialties Hospital, Shivamogga attend as chief gust to the programme.

Our college formally started on 28-02-2017 with Saraswathi Pooja.

The classes started on 03-03-2017 formally by the Principal Dr. Jayashree V R by introducing the B. Ed., course to the students.

On eve of International Women’s Day i.e., on Tuesday 9th March 2017, This programme is inaugurated by Smt. Umadevi Governing council member PESITM, Shivamogga. Dr. Vani kori Gynecologist Nanjappa Hospital Shivamogga attended to this programme as chief gust. In the Programme Smt. Tejaswini Raghavendra, Director, SVVS, Presided over the function. All the heads of different wings SVVS were present the programme.
On 27-03-2017 our principal “Dr. Jayashree V R inaugurated “Sughandha Samskrutika Vedike” for the year 2016-2017. Under ‘Sughandha Samskrutika Vedike’ different cultural activates were performed by the following teams like Gowri Sahankara, Sahyadri, Kanchanaganga, Mullayyanagiri, Vindya, etc. with the guidance of lecturers. From these groups every Friday last period different cultural programmes like folkdance, Ek-minute, Folk songs, patriotic song dance, Rangoli, quiz, funny games, and mono acting etc., and in under Social Useful Product Work (SUPW) activities students were given training in different skills.

On this occasion, the student teachers have taken oath for their responsibilities in the student union for the year 2016-2017 as mentioned below.

**Student Union 2016-2017**

- **Patron**: Dr. Jayashree V. Rakkasagi 
  Principal, Kumadvathi College of Education, Shikaripur.
- **General Secretary**: Mr. Arunkumar M S, Student Teacher
- **Joint-Secretary**: Miss. Meghana M C, Student Teacher

<table>
<thead>
<tr>
<th>Section</th>
<th>Member</th>
<th>Supervising Teacher Educators</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-Curricular Activities</td>
<td>Priyanka S L &amp; Ashwini Talawar</td>
<td>Mr. Devaraj Y, Asst Professor Dr. Kiran Kumar K S, Asst Professor</td>
</tr>
<tr>
<td></td>
<td>Student Teachers</td>
<td></td>
</tr>
<tr>
<td>CTC &amp; Tour</td>
<td>Pushpa &amp; Roja D T</td>
<td>Mr. Veerendra kumar Wali S, Asst Professor Smt. Vaninayaki D C, Asst Professor</td>
</tr>
<tr>
<td></td>
<td>Student Teachers</td>
<td></td>
</tr>
<tr>
<td>SUPW</td>
<td>Shilp P &amp; Sumalatha</td>
<td>Dr. Shivakumar G.S, Asst Professor Mr. Nagendrappa S, Asst Professor</td>
</tr>
<tr>
<td></td>
<td>Student Teachers</td>
<td></td>
</tr>
<tr>
<td>Sports</td>
<td>Ranjitha</td>
<td>Mr. Ravi Kumar N. G Physical Education Director</td>
</tr>
<tr>
<td></td>
<td>Student Teacher</td>
<td></td>
</tr>
<tr>
<td>Library &amp; Laboratory</td>
<td>Roopa B M &amp; Ranjitha</td>
<td>Mr. Devaraj Y, Asst Professor Dr. Shivakumar G.S, Asst Professor Mr. Ravi H, Asst Professor Dr. Yadukumar M Asst Professor Mr. Nagendrappa S Asst Professor</td>
</tr>
<tr>
<td></td>
<td>Student Teachers</td>
<td></td>
</tr>
<tr>
<td>Paper Reporting</td>
<td>---</td>
<td>Dr. Kiran Kumar K S, Asst Professor Mr. Nagendrappa S, Asst Professor</td>
</tr>
</tbody>
</table>
On 31st March 2017 Student Union for the year 2016 – 2017 was inaugurated. The programme was presided by Sri B Y Raghavendra, Secretary, SVVS, Sri. Shivakumar M B, President is present in the programme as chief guests.

On 1st April 2017, Eassy Competition was organized by Science club members on “Conserve water : Save life”.

On 5th April 2017, Map writing workshop held by Social science club members.

On 7th April 2017, Prayer song Competition was organized by Sharavathi and Kumadvathi team members.

On 7th April 2017, World health day was organized by Science club members

On 14th April 2017, 126th birth anniversary of Dr. B R Ambedkar was celebrated. In the programme Principal, Teaching and Non teaching staff along with student teachers were present.

On 15th April 2017, Meaningful film song group dance competition was organised by Gowrishankara Team.

On 21st April 2017, as a part of weekly Co-Curricular activities, Cartoon Drawing competition was organized by Saraswathi team members.

On 22nd April 2017, Debate competition was organized by Science club members on “Should we celebrate Earth day”.

On 24th April 2017 to 28th April 2017, Model reading workshop held by Language club members

On 28th April 2017, Mono acting competition was organised by Davalagiri Team.

From 04-05-17 to 06-05-17 Citizenship Training Camp was organized at Viveka Nagara of Shikaripura Taluk.

On 28th April 2017 to 12th May 2017, Dram and Art workshop held by Language club members.

On 15th May 2017, Quiz competition was organized by Science club members.
On 15th May 2017, Basava Thathva Sowrabha programme held by Social science club members.

On 19th May 2017, as a part of weekly Co-Curricular activities, Ek Minute programme was organized by Palghuni team members.

On 29th May 2017 News paper reading workshop held by Language club members.

On eve of World Environment Day i.e 5th June 2017 an awareness programme about conservation of nature was organized by our institution. On this occasion Dr. K.V Gururaj, Scientist IIsc, Bangalore gave a meaningful lecture about various ways of conservation of our nature in our daily life.

On 21-06-2017 World Yoga Day was celebrated with the co-operation of all wings of SVVS. Inaugurated by Sri Mahantha Swamiji Mahasamsthan-Jade blessing over the function, Sri. B Y Raghavendra, Secretary, SVVS Presided over the function.

From 05-06-17 to 08-06-17 First & Third semester Series Test was conducted.

Reopening of our college on 14th August 2017 with Second & Fourth semester.

On 15-08-2017, 71st Independence Day was celebrated with the collaboration of all the wings of Swamy Vivekananda Vidya Samsthe. Sri B Y Raghavendra, Secretary, Swamy Vivekananda Vidya Samsthe (R), Shikaripura, and MLA of Shikaripura Constituency, hoisted the flag and received the role of honour. Sri M B Shivakumar, President, Swamy Vivekananda Vidya Samsthe (R), Smt. Tejaswini Raghavendra, Director, Swamy Vivekananda Vidya Samsthe (R), Shikaripura were also present in the programme with all the heads of of different wings of Swamy Vivekananda Vidya Samsthe as well as teaching and non-teaching faculties were present in the programme.

On 4th September 2017, as a part of weekly Co-Curricular activities, Folk song singing competition was organized by Mullayanagiri & Bhramhagiri team members.
On 5th September 2017 on the eve of birthday of Dr. Sarvepalli Radhakrishnan teacher’s Day programme was celebrated in the Kumadvathi College of Education. On this occasion Principal, staff and student teachers offered floral tributes to the Dr. Sarvepalli Radhakrishnan. Principal Dr. Jayashree V R and all the staff members inaugurated the programme by lighting the lamp. On occasion of Teacher’s Day organised sports meet for all the teaching staff by the Student teachers.

By Youth Red Cross wing On 13th September 2017 Special lecturing programmes on the topic Ayurveda for our healthy life by a resource person Dr. Sharad Kumar, Shikaripura.

On 15th September 2017, Debate competition was organized by Bramhagiri & Mullayanagiri team members on “Is it necessary to join the rivers for the National development”.

On 15th September 2017 on the eve of birthday of Sir M Viswesvaryya Engineers’s Day was celebrated by Science club.

On 16th September 2017 a special programme of power point presentations on “Nature of Ozone, Ozone layer and it’s depletion as well as it’s consequences on biodiversity on this earth” was organised by Science club members of Kumadvathi College of Education. On this occasion Principal, staff and all the student teachers were present.

On 22nd September 2017, Essay competition was organized by Social Science club members.

On 2nd October 2017 birth anniversary of Father of our Nation Mahatma Gandhiji and Lal Bahadur Shastri was celebrated. All the faculty members and student teachers offered floral tributes to the portraits Mahatma Gandhiji and Lal Bahadur Shastri with enormous respect.
On 5th October 2017 Valmiki Jayanthi was celebrated. In the occasion Staff members of Kumadvathi College of Education offered Floral tribute to the portrait of Maharshi Valmiki.

On 30th October 2017, Eassy competition was organized by Language club members on the eve of Kannada rajyosthava Programme.

On 3rd November 2017, as a part of weekly Co-Curricular activities, Theater song singing competition was organized by Saraswathi team members.

On November 6th 2017 Kanakadasa Jayanthi was celebrated in our College. On this occasion Principal, Staff and Student teachers offered floral respects to the portrait of Kanakadasa.

On November 14th 2017 Children’s day was celebrated in our College. On this occasion Principal, Staff and Student teachers offered floral respects to the portrait of Jawahar Lal Nehru.

On 17th November 2017, Fruit Salad preparation Competition was organized by Sahyadri and Vindya teamembers.

On 18th November 2017, one days educational Excursion was organized for the places like, Kuppalli, Manipal, Malpe, Udupi etc.

From 27-11-2017 to 29-11-2017 Second Semester Series Test was conducted.

On 9th December 2017 Valedictory programme of 2017 batches & farewell programme for 4th Semester Student teachers was organized. In this programme Dr. Saswehalli Sathish, Kannada lecturer, GJC Maluru is attended as special guest, Pro. S S Gadag Education adviser SVVS is Presided over this Function.
Faculty Enrichment Activities

Dr. Jayashree V. Rakkasagi
Principal

3. Served as a Syndicate Member of Kuvempu University.
4. Served as a Member Academic Council of Kuvempu University
7. Served as a Member of Karnataka State Government of Central Library 2016-2017.
9. Life Member of Bala Vijnana Book.

Devaraja Y
Assistant Professor


3. Participated in an one day workshop on “School Internship-Teaching practice and Practical work” organized by Kuvempu Shatamanosthava Shikshana Mahavidyalaya, Shivamogga, on 5th August 2017

**Publication of Articles**


**Research (Ph.D)**

6. I have registered my name for Ph.D degree in Education at Deportment of School Education, Rani Channamma University, Belagavi. Under the Guidance Dr. V.D. Aiholli Principal, B.L.D.E.A’S, J.S.S. College of Education, P.G. Department of Studies in Education and Research Centre, Bijapur. Title of the study is “Sarakari Prathamika Shala Shikshakara Shevaniratha Shikshanada anustanadinda Gunatmakatheyellada badalavaneya kuritu vimarshatmaka adyayana” & for the year 2016-17 myself submitted Sixth and Seventh Fraction Report in the Month of April and October 2017.

**Other Achievement**

7. Worked as the Organizing Secretary of A Two Day National level seminar in our College on "Inclusion and Qualitative Expansion in Education" Dated on 18th & 19th February 2017.

8. Worked as the Editor of seminar book on "Inclusion and Qualitative Expansion in Education" Dated on 18th & 19th February 2017.
Dr. Kiran Kumar K.S  
Assistant Professor


Publication of Articles:


Articles Publication in Journals


Veerendra Kumar Wali S.,
Assistant Professor


4. Passed National Eligibility Test (NET) in Subject of EDUCATION, Conducting UGC (CBSC), on December 2014.

Publication of Articles:


Research (Ph.D):


Dr. Shivakumar G.S.
Assistant Professor

Professional development:


6. Worked as Kuvempu University QAC-Quality Assessment Committee member for Colleges of Education from July 10th to 14th July 2017.

**Vani Nayaki D.C**

Assistant Professor


3. Participated UGC and HRD Sponsored a 53rd Orientation Programme on Teacher Education” organized by Bangalore University, Bangalore. 17th January to 14th February 2017.
Publication of Articles:


Research (Ph.D):

6. I have registered my name for Ph.D degree in Education at Department of Education, Kuvempu University, Shankaraghatta, Shimoga. Under the Guidance of Dr. S.S. Patil, Dean and Chairman, Professor, P.G. Department of Education and Research Centre, Kuvempu University, Shankaraghatta, Shimoga. Already submitted to 10th Fraction Report in the Month of July 2017. And completed the Synopsis work.

Ravi H
Assistant Professor


3. Passed Karnataka State Eligibility Test (K-SET) in Subject of KANNADA, Conducting Mysore University, on 11th December 2016.
Publication of Articles:


Research (Ph.D):

9. I have registered my name for Ph.D degree in Education at Department of School Education, Rani Channamma University, Belagavi. Under the Guidance Dr. Jagadeesha B Principal, B.L.D.E.A’S, J.S.S. College of Education, P.G. Department of Studies in Education and Research Centre, Bijapur. Already

Dr. Yadukumar M
Assistant Professor

1. Serviced as a Member, Board of Examination, B.Ed Examination, Kuvempu University, Shankaraghatta on 6th and 7th December 2017.
3. Completed the course of Graphic Design Computer Education Examination organised by Karnataka Secondary Education Examination Board held in July, 2017.
5. Serviced as a Member, Board of Examination, B.Ed Examination, Kuvempu University, Shankaraghatta on 1st, 2nd and 3rd June 2017.


12. Completed the course of Office Automation Computer Education Examination organised by Karnataka Secondary Education Examination Board, held in December, 2016.

Nagendrappa S
Assistant Professor

1. Qualified for the UGC- NET for eligibility for Assistant professor held on 22nd January 2017 in the subject Education.

2. Worked as a Organising Secretary in UGC Sponsored A Two Day National level seminar on “Inclusion and Qualitative Expansion in Education” organized by the Kumadvathi College of Education Shikaripura on 18th and 19th February 2017.


8. Participated in workshop for Youth Red Cross Program Officers organized by Indian Red Cross Society, Shimogga district branch and Youth Red Cross Kuvempu university on 15th July 2017.

**Sports Facilities**

In connection with indoor and outdoor games we have 2 sets Chess board, 04 badminton bats, 10 Tennikoit rings, 01 Volleyball net, 01 Throw ball net, 10 skipping ropes, 01 Air pump, 02 Shot-puts, 01 disc throw, 01 Basketball, 14 Knee caps, 06 Relay batons, 01 Sports Torch, 07 Ball Badminton Bats, 01 Ball badminton bat, 01 Weighing machine, sports T-Shirts 20 numbers with specious playing Field.
Library Facilities

Our college is equipped with good library. In 2017 we have 12,830 books worthful of Rs. 11,10,989 including NCTE, NCERT, DSERT monthly magazines with Employment News, 10 daily news papers with 26 weekly and fortnight magazines.

Distribution of Scholarship

For the year 2016-17 nearly about Rs. 1,92,660 was given as scholarship money for B Ed., SC/ST, OBC student teachers.

We are much thankful to the management committee of Swamy Vivekananda Vidya Samste for providing us all the needful facilities and also we promise that, in coming days we try to do the best by inculcating creative activities with these hopeful words.
ANNEXURE – 5

2016-2017 Kuvempu University Rank Students List

<table>
<thead>
<tr>
<th>Sl No</th>
<th>Name of the Students</th>
<th>Percentage %</th>
<th>Rank to University</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Archana B Patil</td>
<td>94.54%</td>
<td>1st Rank</td>
</tr>
<tr>
<td>2</td>
<td>Spoorth M Hegde</td>
<td>88.05%</td>
<td>7th Rank</td>
</tr>
<tr>
<td>3</td>
<td>Shilpa P</td>
<td>87.95%</td>
<td>8th Rank</td>
</tr>
<tr>
<td>4</td>
<td>Roopa B M</td>
<td>87.90%</td>
<td>9th Rank</td>
</tr>
<tr>
<td>5</td>
<td>Arun Kumar M S</td>
<td>87.41%</td>
<td>10th Rank</td>
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</tbody>
</table>

Rank Holder of the Year 2017 were felicitated by Our Management
ANNEXURE – 6

Yoga Class Report

Yoga

"Yoga is an invaluable gift of ancient Indian tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature and a holistic approach to health and well-being. Yoga is not about exercise but to discover the sense of oneness with ourselves, the world and Nature. By changing our lifestyle and creating consciousness, it can help us to deal with climate change.

Yoga is essentially a spiritual discipline based on an extremely subtle science which focuses on bringing harmony between mind and body.

It is an art and science for healthy living. The word "Yoga" is derived from the Sanskrit root yuj meaning "to join", "to yoke" or "to unite". According to Yogic scriptures, the practice of Yoga leads to the union of individual consciousness with universal consciousness. According to modern scientists, everything in the universe is just a manifestation of the same quantum firmament. One who experiences this oneness of existence is said to be "in Yoga" and is termed as a yogi who has attained a state of freedom, referred to as mukti, nirvāna, kaivalya or moksha.
Brief history and development of Yoga

The science of Yoga has its origin thousands of years ago, long before the first religion or belief systems were born. According to Yogic lore, Shiva has seen as the first yogi or ādiyogi and the first guru or ādiguru. Several thousand years ago, on the banks of Lake Kantisarovar in the Himalayas, ādiyogi poured his profound knowledge into the legendary saptarishis or "seven sages". These sages carried this powerful Yogic science to different parts of the world including Asia, the Middle East, northern Africa and South America. Interestingly, modern scholars have noted and marvelled at the close parallels found between ancient cultures across the globe. However, it was in India that the Yogic system found its fullest expression. Agastya, the saptarishi who travelled across the Indian subcontinent, crafted this culture around a core Yogic way of life

Yoga is widely considered as an "immortal cultural outcome" of the Indus Saraswati Valley Civilisation – dating back to 2700 BC – and has proven itself to cater to both material and spiritual uplift of humanity. A number of seals and fossil remains of Indus Saraswati Valley Civilisation with Yogic motifs and figures performing Yoga sādhana suggest the presence of Yoga in ancient India. The seals and idols of mother Goddess are suggestive of Tantra Yoga. The presence of Yoga is also available in folk traditions, Vedic and Upanishadic heritage, Buddhist and Jain traditions, Darshanas, epics of Mahabharata including Bhagawadgita and Ramayana, theistic traditions of Shaivas, Vaishnavas and Tantric traditions. Though Yoga was being practiced in the pre-Vedic period, the great sage Maharishi Patanjali systematised and codified the then existing Yogic practices, its meaning and its related knowledge through Patanjali’s Yoga Sutras.

General Guidelines for Yoga Practice

A Yoga practitioner should follow the guiding principles given below while performing Yogic practice

BEFORE THE PRACTICE

1. Śauca means cleanliness - an important prerequisite for Yogic practice. It includes cleanliness of surroundings, body and mind.
2. Yogic practice should be performed in a calm and quiet atmosphere with a relaxed body and mind.
3. Yogic practice should be done on an empty stomach or light stomach. Consume small amount of honey in lukewarm water if you feel weak.
4. Bladder and bowels should be empty before starting Yogic practices.
5. A mattress, Yoga mat, durrie or folded blanket should be used for the practice.
6. Light and comfortable cotton clothes are preferred to facilitate easy movement of the body
7. Yoga should not be performed in state of exhaustion, illness, in a hurry or in acute stress conditions.
8. In case of chronic disease/ pain/ cardiac problems, a physician or a Yoga therapist should be consulted prior to performing Yogic practices.
9. Yoga experts should be consulted before doing Yogic practices during pregnancy and menstruation.

**DURING THE PRACTICE**

1. Practice sessions should start with a prayer or invocation as it creates a conducive environment to relax the mind
2. Yogic practices shall be performed slowly, in a relaxed manner, with awareness of the body and breath.
3. Do not hold the breath unless it is specially mentioned to do so during the practice.
4. Breathing should be always through the nostrils unless instructed otherwise.
5. Do not hold body tightly, or jerk the body at any point of time.
6. Perform the practices according to your own capacity.
7. It takes some time to get good results, so persistent and regular practice is very essential.
8. There are contra-indications/ limitations for each Yoga practice and such contra-indications should always be kept in mind.
9. Yoga session should end with meditation/ deep silence / Śhānti paṭha.

**AFTER PRACTICE**

1. Bath may be taken only after 20-30 minutes of practice.
2. Food may be consumed only after 20-30 minutes of practice.
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ANNEXURE – 7

Teaching Staff

Non Teaching Staff
2015-2016 Batch Group Photo